



After School Basketball Program for Keene Mill Elementary School

Youth Basketball for Beginners and Experienced Players

Your child will:

- Get lots of exercise
- Learn the fundamentals of a new sport without pressure
- Gain Confidence
- Have fun
- Gain Focus

Player will be able to learn at their own pace and develop the skill and fundamentals necessary to play on a team.

Skills to learn:

- Ballhandling, consisting of dribbling, passing and receiving
- Footwork to be able to move effectively
- Shooting techniques
- Teamwork
- Get ready for the upcoming season

*Session Dates: **Tuesdays:** Sept 19, 26; Oct. 3, 10, 17, 24; Nov. 7, 14*

*Your choice of 5 weeks or 8 weeks, **Price: 5 weeks is \$75, 8 weeks is \$120***

Time: 4:00pm to 5:00pm

Location: Keene Mill ES Gym

For Grades: K-6 (boys & girls)

See the Early Bird Special for a Special Discount

Register Now to Get Your Special Rate:

<http://www.bestyouthhoops.com/keenemill/>

Any questions, call Coach Keith at 703-691-8318 or via email to: keith@bestyouthhoops.com

Keene Mill Elementary

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